



FURTHER INFORMATION

All sessions must be completed to receive a certification of completion.

Pre-registration is required.

Visitors are allowed on "speaker nights" only.

Funding is Provided by Juvenile Justice Grant obtained through Nebraska Crime Commission

TRY ANOTHER WAY



TRY ANOTHER WAY CLASS

This Class is Gender Specific. The Curriculum is designed to help young women address their needs in a safe, comfortable environment in which they can learn better ways to live their lives.

Curriculum

Modules covered:

- ◆ Education
- ◆ Finances
- ◆ Self-Esteem
- ◆ Developing Strong Relationships
- ◆ Stress and Trauma
- ◆ Drugs and Alcohol
- ◆ Making Right Choices
- ◆ Spirituality
- ◆ Celebration Party on Completion



Instructors

Suzanne Kusy,

District 3 Probation officer

Pam Lausterer,

Youth Service System Director

Others Including

Self-Defense Instructor

Yoga Instructor

Former Addict - Speaker

Fitness Instructor



LOCATION of CLASSES

Classes will be held at:

112 E. 7th Street

Wahoo, NE

Veterans Memorial
Building

Please call

for

Dates and Times

Snacks are provided.

*Gas vouchers are available to
assist with transportation costs*



REGISTRATION INFORMATION

FOR FURTHER DETAILS ON
THE CLASS OR TO REGISTER,
CALL PAM LAUSTERER AT
(402) 443-8169

FEMALES ONLY BETWEEN
THE AGES OF 14-18

COST: ZERO